



## NOAA Tide Predictions

### Sand Shoal Inlet (Coast Guard Station), Virginia, 2018

The NOAA Tide Predictions application provides predictions in both graphical and tabular formats, with many user selected options, for over 3000 stations broken down by key areas in each state. Users can also access stations via the Google map interface. Additional information can be found in the help page.

**Station Types:** The NOAA Tide Predictions application provides predictions from 2 distinct categories of stations at over 3000 locations:

**Harmonic** - The predicted height values for Harmonic stations are conducted by combining the harmonic constituents into a single tide curve.

**Subordinate** - The high and low height values for Subordinate stations are obtained by means and differences, and ratios applied to the full harmonic constant predictions at a specific Harmonic station (a Reference station).

**Disclaimer:** The official Tide prediction tables are published annually on October 1, for the following calendar year. Tide predictions generated prior to the publishing date of the official tables are subject to change. The predictions from the web based NOAA Tidal Predictions are based upon the latest information available as of the date of your request. Tide predictions generated may differ from the official published predictions if information for the station requested has been updated since the publishing date of the official published tables.



StationId:8631542  
 Source:NOAA/NOS/CO-OPS  
 Station Type:Subordinate  
 Time Zone:LST/LDT  
 Datum:mean lower low water (MLLW) which is the chart datum of soundings

NOAA Tide Predictions

Sand Shoal Inlet (Coast Guard Station), Virginia, 2018

Times and Heights of High and Low Waters

January				February				March																																																																																	
Time	Height	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height																																																																														
h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm																																																																														
1 M 12:15 AM -0.9 -27 06:56 AM 5.5 168 01:10 PM -0.7 -21 07:15 PM 4.0 122	16 Tu 12:47 AM -0.2 -6 07:28 AM 4.4 134 01:37 PM 0.1 3 07:38 PM 3.3 101	1 Th 01:47 AM -1.2 -37 08:26 AM 5.3 162 02:35 PM -0.9 -27 08:45 PM 4.1 125	16 F 01:44 AM -0.3 -9 08:22 AM 4.5 137 02:21 PM -0.1 -3 08:35 PM 3.8 116	1 Th 12:42 AM -0.9 -27 07:17 AM 5.0 152 01:25 PM -0.7 -21 07:35 PM 4.2 128	16 F 01:39 AM -0.1 -3 08:12 AM 4.5 137 02:10 PM 0.0 0 08:26 PM 4.1 125	2 Tu 01:09 AM -1.0 -30 07:49 AM 5.6 171 02:03 PM -0.8 -24 08:09 PM 4.0 122	17 W 01:27 AM -0.2 -6 08:08 AM 4.5 137 02:14 PM 0.0 0 08:20 PM 3.4 104	2 F 02:39 AM -1.1 -34 09:16 AM 5.1 155 03:23 PM -0.8 -24 09:36 PM 4.1 125	17 Sa 02:25 AM -0.3 -9 09:00 AM 4.5 137 02:58 PM -0.1 -3 09:15 PM 3.9 119	2 F 01:34 AM -1.0 -30 08:07 AM 5.0 152 02:11 PM -0.7 -21 08:25 PM 4.4 134	17 Sa 02:21 AM -0.3 -9 08:52 AM 4.6 140 02:48 PM -0.1 -3 09:07 PM 4.4 134	3 W 02:01 AM -1.1 -34 08:42 AM 5.6 171 02:55 PM -0.8 -24 09:03 PM 4.0 122	18 Th 02:06 AM -0.2 -6 08:47 AM 4.5 137 02:51 PM 0.0 0 09:00 PM 3.4 104	3 Sa 03:31 AM -0.9 -27 10:04 AM 4.8 146 04:11 PM -0.7 -21 10:26 PM 4.1 125	18 Su 03:06 AM -0.3 -9 09:39 AM 4.4 134 03:37 PM -0.1 -3 09:56 PM 4.0 122	3 Sa 02:24 AM -1.0 -30 08:54 AM 4.8 146 02:55 PM -0.7 -21 09:12 PM 4.4 134	18 Su 03:04 AM -0.3 -9 09:32 AM 4.6 140 03:26 PM -0.2 -6 09:49 PM 4.6 140	4 Th 02:54 AM -1.0 -30 09:35 AM 5.4 165 03:47 PM -0.7 -21 09:56 PM 3.9 119	19 F 02:45 AM -0.2 -6 09:26 AM 4.5 137 03:29 PM 0.0 0 09:41 PM 3.5 107	4 Su 04:24 AM -0.7 -21 10:51 AM 4.4 134 04:59 PM -0.5 -15 11:16 PM 3.9 119	19 M 03:50 AM -0.2 -6 10:18 AM 4.3 131 04:17 PM -0.1 -3 10:38 PM 4.1 125	4 Su 03:13 AM -0.8 -24 09:39 AM 4.5 137 03:38 PM -0.6 -18 09:59 PM 4.4 134	19 M 03:47 AM -0.4 -12 10:13 AM 4.5 137 04:06 PM -0.2 -6 10:31 PM 4.7 143	5 F 03:49 AM -0.8 -24 10:26 AM 5.1 155 04:40 PM -0.6 -18 10:50 PM 3.8 116	20 Sa 03:26 AM -0.1 -3 10:05 AM 4.4 134 04:08 PM 0.1 3 10:22 PM 3.5 107	5 M 05:18 AM -0.4 -12 11:39 AM 3.9 119 05:47 PM -0.3 -9	20 Tu 04:37 AM -0.1 -3 11:00 AM 4.1 125 05:00 PM -0.1 -3 11:24 PM 4.1 125	5 M 04:02 AM -0.6 -18 10:23 AM 4.2 128 04:22 PM -0.4 -12 10:45 PM 4.2 128	20 Tu 04:32 AM -0.3 -9 10:55 AM 4.3 131 04:47 PM -0.2 -6 11:15 PM 4.7 143	6 Sa 04:45 AM -0.6 -18 11:17 AM 4.7 143 05:33 PM -0.5 -15 11:45 PM 3.7 113	21 Su 04:10 AM 0.0 0 10:44 AM 4.2 128 04:49 PM 0.1 3 11:04 PM 3.6 110	6 Tu 12:07 AM 3.8 116 06:15 AM -0.1 -3 12:27 PM 3.5 107 06:36 PM -0.1 -3	21 W 05:29 AM 0.0 0 11:45 AM 3.8 116 05:48 PM 0.0 0	6 Tu 04:51 AM -0.3 -9 11:07 AM 3.8 116 05:06 PM -0.1 -3 11:31 PM 4.1 125	21 W 05:21 AM -0.2 -6 11:39 AM 4.1 125 05:33 PM -0.1 -3	7 Su 05:44 AM -0.3 -9 12:10 PM 4.2 128 06:26 PM -0.3 -9	22 M 04:57 AM 0.1 3 11:25 AM 4.1 125 05:33 PM 0.1 3 11:51 PM 3.6 110	7 W 01:01 AM 3.6 110 07:12 AM 0.2 6 01:20 PM 3.1 94 07:26 PM 0.1 3	22 Th 12:15 AM 4.2 128 06:27 AM 0.1 3 12:37 PM 3.6 110 06:41 PM 0.0 0	7 W 05:42 AM 0.0 0 11:52 AM 3.4 104 05:53 PM 0.1 3	22 Th 12:03 AM 4.7 143 06:14 AM 0.0 0 12:26 PM 3.9 119 06:23 PM 0.0 0	8 M 12:43 AM 3.6 110 06:45 AM -0.1 -3 01:04 PM 3.7 113 07:19 PM -0.2 -6	23 Tu 05:49 AM 0.2 6 12:10 PM 3.9 119 06:20 PM 0.1 3	8 Th 02:00 AM 3.5 107 08:12 AM 0.4 12 02:16 PM 2.9 88 08:17 PM 0.2 6	23 F 01:14 AM 4.2 128 07:28 AM 0.2 6 01:36 PM 3.4 104 07:39 PM 0.0 0	8 Th 12:20 AM 3.9 119 06:36 AM 0.3 9 12:41 PM 3.1 94 06:42 PM 0.3 9	23 F 12:55 AM 4.6 140 07:12 AM 0.1 3 01:20 PM 3.6 110 07:19 PM 0.1 3	9 Tu 01:43 AM 3.5 107 07:47 AM 0.1 3 02:01 PM 3.4 104 08:10 PM -0.1 -3	24 W 12:43 AM 3.7 113 06:46 AM 0.2 6 01:02 PM 3.6 110 07:10 PM 0.0 0	9 F 03:00 AM 3.5 107 09:14 AM 0.5 15 03:15 PM 2.8 85 09:10 PM 0.2 6	24 Sa 02:19 AM 4.3 131 08:33 AM 0.2 6 02:42 PM 3.3 101 08:40 PM -0.1 -3	9 F 01:14 AM 3.7 113 07:31 AM 0.5 15 01:35 PM 2.9 88 07:34 PM 0.4 12	24 Sa 01:54 AM 4.5 137 08:14 AM 0.2 6 02:21 PM 3.4 104 08:21 PM 0.1 3	10 W 02:46 AM 3.5 107 08:51 AM 0.3 9 02:59 PM 3.1 94 09:01 PM 0.0 0	25 Th 01:41 AM 3.9 119 07:48 AM 0.2 6 02:01 PM 3.5 107 08:05 PM -0.1 -3	10 Sa 03:59 AM 3.6 110 10:14 AM 0.5 15 04:11 PM 2.8 85 10:03 PM 0.2 6	25 Su 03:26 AM 4.4 134 09:40 AM 0.1 3 03:48 PM 3.4 104 09:44 PM -0.3 -9	10 Sa 02:13 AM 3.6 110 08:29 AM 0.6 18 02:34 PM 2.8 85 08:29 PM 0.5 15	25 Su 03:00 AM 4.4 134 09:19 AM 0.2 6 03:28 PM 3.4 104 09:25 PM 0.0 0	11 Th 03:45 AM 3.6 110 09:53 AM 0.3 9 03:55 PM 3.0 91 09:51 PM 0.0 0	26 F 02:43 AM 4.1 125 08:52 AM 0.2 6 03:03 PM 3.4 104 09:02 PM -0.2 -6	11 Su 04:51 AM 3.8 116 11:07 AM 0.4 12 05:01 PM 2.9 88 10:53 PM 0.1 3	26 M 04:30 AM 4.6 140 10:44 AM -0.1 -3 04:51 PM 3.5 107 10:47 PM -0.5 -15	11 Su 04:15 AM 3.6 110 10:28 AM 0.7 21 04:34 PM 2.9 88 10:25 PM 0.5 15	26 M 04:09 AM 4.4 134 10:24 AM 0.2 6 04:36 PM 3.5 107 10:32 PM -0.1 -3	12 F 04:37 AM 3.8 116 10:51 AM 0.3 9 04:45 PM 3.0 91 10:39 PM 0.0 0	27 Sa 03:46 AM 4.4 134 09:57 AM 0.0 0 04:06 PM 3.4 104 10:02 PM -0.4 -12	12 M 05:38 AM 3.9 119 11:52 AM 0.3 9 05:47 PM 3.1 94 11:40 PM 0.0 0	27 Tu 05:30 AM 4.8 146 11:43 AM -0.3 -9 05:49 PM 3.8 116 11:47 PM -0.7 -21	12 M 05:13 AM 3.7 113 11:23 AM 0.6 18 05:28 PM 3.1 94 11:19 PM 0.4 12	27 Tu 05:15 AM 4.5 137 11:27 AM 0.0 0 05:39 PM 3.7 113 11:36 PM -0.3 -9	13 Sa 05:23 AM 3.9 119 11:41 AM 0.3 9 05:31 PM 3.0 91 11:24 PM -0.1 -3	28 Su 04:47 AM 4.8 146 11:01 AM -0.2 -6 05:06 PM 3.6 110 11:02 PM -0.7 -21	13 Tu 06:21 AM 4.1 125 12:32 PM 0.2 6 06:31 PM 3.3 101	28 W 06:25 AM 5.0 152 12:36 PM -0.5 -15 06:43 PM 4.0 122	13 Tu 06:04 AM 3.9 119 12:11 PM 0.5 15 06:17 PM 3.3 101	28 W 06:14 AM 4.6 140 12:24 PM -0.2 -6 06:36 PM 4.0 122	14 Su 06:06 AM 4.1 125 12:23 PM 0.2 6 06:15 PM 3.1 94	29 M 05:45 AM 5.0 152 12:00 PM -0.4 -12 06:03 PM 3.7 113 11:59 PM -0.9 -27	14 W 12:23 AM -0.1 -3 07:03 AM 4.3 131 01:09 PM 0.1 3 07:13 PM 3.5 107	14 W 12:10 AM 0.2 6 06:49 AM 4.1 125 12:54 PM 0.4 12 07:01 PM 3.6 110	29 Th 12:36 AM -0.5 -15 07:08 AM 4.7 143 01:14 PM -0.3 -9 07:28 PM 4.3 131	15 M 12:07 AM -0.1 -3 06:47 AM 4.3 131 01:01 PM 0.1 3 06:57 PM 3.2 98	30 Tu 06:40 AM 5.3 162 12:55 PM -0.7 -21 06:59 PM 3.9 119	15 Th 01:04 AM -0.2 -6 07:43 AM 4.5 137 01:45 PM 0.0 0 07:54 PM 3.7 113	15 Th 12:56 AM 0.0 0 07:31 AM 4.3 131 01:33 PM 0.2 6 07:44 PM 3.9 119	30 F 01:31 AM -0.6 -18 07:57 AM 4.7 143 02:00 PM -0.5 -15 08:17 PM 4.5 137	31 W 12:54 AM -1.1 -34 07:34 AM 5.3 162 01:46 PM -0.8 -24 07:52 PM 4.0 122	31 W 02:21 AM -0.7 -21 08:44 AM 4.6 140 02:43 PM -0.5 -15 09:03 PM 4.7 143

Disclaimer: These data are based upon the latest information available as of the date of your request, and may differ from the published tide tables.  
 Referenced to Station: OCEAN CITY, FISHING PIER ( 8570280 ) Time offset in mins (high:32 low: 17) Height offset in feet (high: \* 1.18 low: \*1.00)



Sand Shoal Inlet (Coast Guard Station), Virginia, 2018

Datum: mean lower low water (MLLW) which is the chart datum of soundings

Times and Heights of High and Low Waters

April				May				June																																																																																		
Time	Height	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height																																																																															
h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm																																																																															
1 Su 03:08 AM -0.7 -21 09:28 AM 4.4 134 03:24 PM -0.5 -15 09:47 PM 4.7 143	16 M 02:42 AM -0.3 -9 09:03 AM 4.5 137 02:54 PM -0.2 -6 09:23 PM 5.2 158	1 Tu 03:33 AM -0.3 -9 09:43 AM 3.9 119 03:31 PM -0.1 -3 10:03 PM 4.8 146	16 W 03:11 AM -0.4 -12 09:24 AM 4.3 131 03:12 PM -0.4 -12 09:49 PM 5.7 174	1 F 04:32 AM 0.2 6 10:40 AM 3.5 107 04:21 PM 0.3 9 11:01 PM 4.6 140	16 Sa 04:39 AM -0.5 -15 10:49 AM 4.2 128 04:38 PM -0.5 -15 11:17 PM 5.6 171	2 M 03:53 AM -0.6 -18 10:11 AM 4.2 128 04:04 PM -0.3 -9 10:30 PM 4.7 143	17 Tu 03:28 AM -0.4 -12 09:48 AM 4.5 137 03:37 PM -0.3 -6 10:08 PM 5.3 162	2 W 04:15 AM -0.1 -3 10:25 AM 3.7 113 04:11 PM 0.0 0 10:45 PM 4.7 143	17 Th 04:01 AM -0.4 -12 10:14 AM 4.2 128 04:01 PM -0.4 -12 10:39 PM 5.6 171	2 Sa 05:13 AM 0.3 9 11:23 AM 3.4 104 05:04 PM 0.4 12 11:43 PM 4.5 137	17 Su 05:33 AM -0.4 -12 11:44 AM 4.1 125 05:35 PM -0.3 -9	3 Tu 04:38 AM -0.4 -12 10:54 AM 4.0 122 04:45 PM -0.1 -3 11:13 PM 4.5 137	18 W 04:16 AM -0.4 -12 10:33 AM 4.3 131 04:22 PM -0.2 -6 10:56 PM 5.3 162	3 Th 04:57 AM 0.1 3 11:07 AM 3.6 110 04:52 PM 0.2 6 11:27 PM 4.5 137	18 F 04:54 AM -0.4 -12 11:05 AM 4.1 125 04:53 PM -0.3 -9 11:32 PM 5.5 168	3 Su 05:57 AM 0.5 15 12:06 PM 3.4 104 05:50 PM 0.6 18	18 M 12:11 AM 5.2 158 06:29 AM -0.3 -9 12:41 PM 4.0 122 06:36 PM -0.1 -3	4 W 05:24 AM -0.1 -3 11:36 AM 3.7 113 05:27 PM 0.1 3 11:57 PM 4.3 131	19 Th 05:07 AM -0.3 -9 11:21 AM 4.1 125 05:11 PM -0.2 -6 11:46 PM 5.2 158	4 F 05:41 AM 0.3 9 11:50 AM 3.4 104 05:35 PM 0.4 12	19 Sa 05:49 AM -0.2 -6 11:59 AM 3.9 119 05:50 PM -0.2 -6	4 M 12:27 AM 4.3 131 06:42 AM 0.6 18 12:52 PM 3.3 101 06:39 PM 0.7 21	19 Tu 01:06 AM 4.8 146 07:25 AM -0.2 -6 12:41 PM 3.9 119 07:39 PM 0.1 3	5 Th 06:11 AM 0.2 6 12:20 PM 3.4 104 06:12 PM 0.3 9	20 F 06:02 AM -0.1 -3 12:12 PM 3.9 119 06:05 PM 0.0 0	5 Sa 12:11 AM 4.3 131 06:28 AM 0.5 15 12:35 PM 3.3 101 06:23 PM 0.6 18	20 Su 12:26 AM 5.2 158 06:47 AM -0.1 -3 12:56 PM 3.8 116 06:51 PM 0.0 0	5 Tu 01:13 AM 4.1 125 07:28 AM 0.6 18 01:42 PM 3.4 104 07:32 PM 0.8 24	20 W 02:04 AM 4.4 134 08:21 AM -0.1 -3 02:45 PM 4.0 122 08:44 PM 0.2 6	6 F 12:43 AM 4.1 125 07:00 AM 0.4 12 01:06 PM 3.2 98 07:00 PM 0.5 15	21 Sa 12:40 AM 5.0 152 07:01 AM 0.0 0 01:08 PM 3.7 113 07:04 PM 0.1 3	6 Su 12:58 AM 4.1 125 07:16 AM 0.6 18 01:24 PM 3.2 98 07:14 PM 0.7 21	21 M 01:25 AM 4.9 149 07:47 AM 0.0 0 01:58 PM 3.7 113 07:55 PM 0.1 3	6 W 02:02 AM 4.0 122 08:14 AM 0.6 18 02:35 PM 3.5 107 08:27 PM 0.8 24	21 Th 03:05 AM 4.0 122 09:16 AM 0.0 0 03:49 AM 4.0 122 09:50 PM 0.3 9	7 Sa 01:33 AM 3.9 119 07:52 AM 0.6 18 01:58 PM 3.1 94 07:52 PM 0.6 18	22 Su 01:39 AM 4.8 146 08:02 AM 0.1 3 02:10 PM 3.5 107 08:07 PM 0.1 3	7 M 01:49 AM 4.0 122 08:06 AM 0.7 21 02:18 PM 3.2 98 08:09 PM 0.8 24	22 Tu 02:27 AM 4.5 137 08:46 AM 0.0 0 03:05 PM 3.7 113 09:01 PM 0.2 6	7 Th 02:54 AM 3.9 119 09:02 AM 0.6 18 03:31 PM 3.7 113 09:23 PM 0.7 21	22 F 04:06 AM 3.8 116 10:09 AM 0.0 0 04:49 PM 4.2 128 10:54 PM 0.3 9	8 Su 02:29 AM 3.8 116 08:46 AM 0.8 24 02:55 PM 3.0 91 08:48 PM 0.7 21	23 M 02:44 AM 4.5 137 09:05 AM 0.2 6 03:18 PM 3.5 107 09:14 PM 0.2 6	8 Tu 02:44 AM 3.9 119 09:57 AM 0.8 24 03:16 PM 3.3 101 09:05 PM 0.8 24	23 W 03:31 AM 4.3 131 09:44 AM 0.0 3 04:12 PM 3.9 119 10:08 PM 0.2 6	8 F 03:49 AM 3.9 119 09:50 AM 0.5 15 04:25 PM 4.1 125 10:21 PM 0.6 18	23 Sa 05:03 AM 3.6 110 10:59 AM 0.1 3 05:42 PM 4.3 131 11:55 PM 0.3 9	9 M 03:29 AM 3.7 113 09:41 AM 0.8 24 03:55 PM 3.1 94 09:45 PM 0.7 21	24 Tu 03:52 AM 4.4 134 10:07 AM 0.1 3 04:26 PM 3.7 113 10:21 PM 0.1 3	9 W 03:41 AM 3.9 119 09:46 AM 0.7 21 04:12 PM 3.5 107 10:01 PM 0.7 21	24 Th 04:34 AM 4.1 125 10:40 AM 4.0 0 05:12 PM 4.1 125 11:12 PM 0.2 6	9 Sa 04:43 AM 3.9 119 10:39 AM 0.3 9 05:17 PM 4.5 137 11:19 PM 0.4 12	24 Su 05:55 AM 3.5 107 11:48 AM 0.1 3 06:28 PM 4.5 137	10 Tu 04:28 AM 3.8 116 10:34 AM 0.8 24 04:52 PM 3.3 101 10:41 PM 0.6 18	25 W 04:57 AM 4.4 134 11:06 AM 0.0 0 05:28 PM 4.0 122 11:25 PM 0.0 0	10 Th 04:35 AM 3.9 119 10:35 AM 0.6 18 05:04 PM 3.9 119 10:57 PM 0.6 18	25 F 05:31 AM 3.9 119 11:31 AM 0.0 0 06:04 PM 4.4 134	10 Su 05:35 AM 4.0 122 11:29 AM 0.1 3 06:07 PM 4.9 149	25 M 12:47 AM 0.2 6 06:41 AM 3.4 104 12:33 PM 0.1 3 07:11 PM 4.6 140	11 W 05:22 AM 3.9 119 11:24 AM 0.6 18 05:42 PM 3.6 110 11:35 PM 0.4 12	26 Th 05:55 AM 4.3 131 12:00 PM -0.1 -3 06:22 PM 4.2 128	11 F 05:26 AM 4.1 125 11:23 AM 0.4 12 05:53 PM 4.3 131 11:51 PM 0.3 9	26 Sa 12:12 AM 0.1 3 06:22 AM 3.9 119 12:19 PM -0.1 -3 06:51 PM 4.6 140	11 M 12:15 AM 0.1 3 06:27 AM 4.1 125 12:20 PM -0.1 -3 06:57 PM 5.3 162	26 Tu 01:32 AM 0.2 6 07:25 AM 3.4 104 01:15 PM 0.1 3 07:53 PM 4.7 143	12 Th 06:09 AM 4.1 125 12:09 PM 0.4 12 06:28 PM 4.0 122	27 F 12:25 AM -0.2 -6 06:47 AM 4.3 131 12:48 PM -0.2 -6 07:11 PM 4.5 137	12 Sa 06:14 AM 4.2 128 12:09 PM 0.2 6 06:39 PM 4.7 143	27 Su 01:04 AM 0.0 0 07:08 AM 3.8 116 01:02 PM -0.1 -3 07:34 PM 4.7 143	12 W 01:09 AM -0.1 -3 07:18 AM 4.2 128 01:10 PM -0.3 -9 07:47 PM 5.6 171	27 Th 02:13 AM 0.2 6 08:08 AM 3.5 107 01:56 PM 0.1 3 08:34 PM 4.8 146	13 F 12:25 AM 0.2 6 06:54 AM 4.3 131 12:52 PM 0.2 6 07:12 PM 4.3 131	28 Sa 01:18 AM -0.3 -9 07:34 AM 4.2 128 01:32 PM -0.3 -9 07:56 PM 4.7 143	13 Su 12:43 AM 0.1 3 07:01 AM 4.3 131 12:54 PM 0.0 0 07:25 PM 5.1 155	28 M 01:50 AM -0.1 -3 07:52 AM 3.7 113 01:43 PM -0.1 -3 08:15 PM 4.8 146	13 W 02:02 AM -0.3 -9 08:10 AM 4.2 128 02:00 PM -0.5 -15 08:39 PM 5.8 177	28 Th 02:50 AM 0.2 6 08:50 AM 3.5 107 02:36 PM 0.1 3 09:14 PM 4.8 146	14 Sa 01:12 AM 0.0 0 07:37 AM 4.4 134 01:32 PM 0.0 0 07:55 PM 4.7 143	29 Su 02:06 AM -0.4 -12 08:18 AM 4.2 128 02:13 PM -0.3 -9 08:39 PM 4.8 146	14 M 01:33 AM -0.1 -3 07:47 AM 4.4 134 01:39 PM -0.2 -6 08:12 PM 5.4 165	29 Tu 02:32 AM -0.1 -3 08:34 AM 3.7 113 02:22 PM -0.1 -3 08:56 PM 4.9 149	14 Th 02:54 AM -0.5 -15 09:02 AM 4.2 128 02:51 PM -0.6 -18 09:31 PM 5.9 180	29 F 03:28 AM 0.2 6 09:32 AM 3.5 107 03:15 PM 0.1 3 09:55 PM 4.8 146	15 Su 01:57 AM -0.2 -6 08:20 AM 4.5 137 02:13 PM -0.1 -3 08:39 PM 4.9 149	30 M 02:50 AM -0.3 -9 09:01 AM 4.0 122 02:52 PM -0.2 -6 09:21 PM 4.9 149	15 Tu 02:22 AM -0.3 -9 08:35 AM 4.4 134 02:25 PM -0.4 -12 08:59 PM 5.6 171	30 W 03:12 AM 0.0 0 09:16 AM 3.6 110 03:01 PM 0.0 0 09:38 PM 4.8 146	15 F 03:46 AM -0.5 -15 09:55 AM 4.2 128 03:43 PM -0.6 -18 10:24 PM 5.8 177	30 Sa 04:06 AM 0.3 9 10:14 AM 3.6 110 03:56 PM 0.2 6 10:36 PM 4.7 143	31 Th 03:52 AM 0.1 3 09:58 AM 3.6 110 03:41 PM 0.1 3 10:19 PM 4.7 143



**Sand Shoal Inlet (Coast Guard Station),Virginia,2018**

**Times and Heights of High and Low Waters**

July					August					September																																																																																																																																																											
Time	Height	Time	Height		Time	Height	Time	Height		Time	Height	Time	Height																																																																																																																																																								
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