



## NOAA Tide Predictions

### Folly Creek, Metompkin Inlet, Virginia, 2015

The NOAA Tide Predictions application provides predictions in both graphical and tabular formats, with many user selected options, for over 3000 stations broken down by key areas in each state. Users can also access stations via the Google map interface. Additional information can be found in the help page.

**Station Types:** The NOAA Tide Predictions application provides predictions from 2 distinct categories of stations at over 3000 locations:

**Harmonic** - The predicted height values for Harmonic stations are conducted by combining the harmonic constituents into a single tide curve.

**Subordinate** - The high and low height values for Subordinate stations are obtained by means and differences, and ratios applied to the full harmonic constant predictions at a specific Harmonic station (a Reference station).

**Disclaimer:** The official Tide prediction tables are published annually on October 1, for the following calendar year. Tide predictions generated prior to the publishing date of the official tables are subject to change. The predictions from the web based NOAA Tidal Predictions are based upon the latest information available as of the date of your request. Tide predictions generated may differ from the official published predictions if information for the station requested has been updated since the publishing date of the official published tables.



Folly Creek, Metompkin Inlet, Virginia, 2015

Times and Heights of High and Low Waters

January					February					March				
Time	Height	Time	Height		Time	Height	Time	Height		Time	Height	Time	Height	
h m	ft cm	h m	ft cm		h m	ft cm	h m	ft cm		h m	ft cm	h m	ft cm	
<b>1</b> Th	05:40 AM 3.5 107 11:55 AM 0.0 0 05:52 PM 2.7 82 11:51 PM -0.2 -6	<b>16</b> F	04:56 AM 3.4 104 11:04 AM 0.2 6 05:11 PM 2.8 85 11:08 PM -0.1 -3		<b>1</b> Su	12:23 AM -0.2 -6 07:02 AM 3.4 104 01:21 PM 0.0 0 07:10 PM 2.6 79	<b>16</b> M	06:16 AM 3.9 119 12:29 PM -0.1 -3 06:34 PM 3.2 98		<b>1</b> Su	05:54 AM 3.2 98 12:10 PM 0.2 6 06:04 PM 2.6 79	<b>16</b> M	05:53 AM 3.7 113 12:05 PM 0.1 3 06:16 PM 3.2 98	
<b>2</b> F	06:32 AM 3.6 110 12:51 PM -0.1 -3 06:42 PM 2.7 82	<b>17</b> Sa	05:49 AM 3.7 113 12:01 PM 0.1 3 06:05 PM 2.9 88		<b>2</b> M	01:09 AM -0.2 -6 07:44 AM 3.5 107 02:00 PM 0.0 0 07:53 PM 2.7 82	<b>17</b> Tu	12:35 AM -0.4 -12 07:10 AM 4.2 128 01:22 PM -0.3 -9 07:28 PM 3.5 107		<b>2</b> M	12:03 AM 0.0 0 06:39 AM 3.2 98 12:53 PM 0.1 3 06:48 PM 2.7 82	<b>17</b> Tu	12:17 AM -0.2 -6 06:52 AM 3.9 119 01:02 PM -0.1 -3 07:14 PM 3.5 107	
<b>3</b> Sa	12:41 AM -0.3 -9 07:19 AM 3.7 113 01:38 PM -0.1 -3 07:29 PM 2.7 82	<b>18</b> Su	12:02 AM -0.2 -6 06:41 AM 4.0 122 12:55 PM -0.1 -3 06:57 PM 3.1 94		<b>3</b> Tu	01:51 AM -0.3 -9 08:24 AM 3.5 107 02:35 PM -0.1 -3 08:34 PM 2.8 85	<b>18</b> W	01:30 AM -0.6 -18 08:02 AM 4.3 131 02:12 PM -0.5 -15 ● 08:21 PM 3.7 113		<b>3</b> Tu	12:50 AM -0.1 -3 07:20 AM 3.3 101 01:30 PM 0.1 3 07:29 PM 2.9 88	<b>18</b> W	01:18 AM -0.4 -12 07:47 AM 4.1 125 01:56 PM -0.3 -9 08:08 PM 3.8 116	
<b>4</b> Su	01:27 AM -0.3 -9 08:03 AM 3.7 113 02:21 PM -0.1 -3 08:14 PM 2.8 85	<b>19</b> M	12:55 AM -0.4 -12 07:32 AM 4.2 128 01:46 PM -0.3 -9 07:49 PM 3.3 101		<b>4</b> W	02:31 AM -0.3 -9 09:02 AM 3.5 107 03:44 PM -0.1 -3 09:14 PM 2.9 88	<b>19</b> Th	02:23 AM -0.7 -21 08:53 AM 4.4 134 03:00 PM -0.6 -18 09:14 PM 3.9 119		<b>4</b> W	01:31 AM -0.1 -3 07:58 AM 3.4 104 02:04 PM 0.0 0 08:08 PM 3.1 94	<b>19</b> Th	02:14 AM -0.5 -15 08:40 AM 4.2 128 02:46 PM -0.5 -15 09:01 PM 4.1 125	
<b>5</b> M	02:10 AM -0.3 -9 08:45 AM 3.8 116 03:00 PM -0.1 -3 08:57 PM 2.8 85	<b>20</b> Tu	01:47 AM -0.6 -18 08:23 AM 4.4 134 02:35 PM -0.4 -12 ● 08:41 PM 3.4 104		<b>5</b> Th	03:10 AM -0.2 -6 09:41 AM 3.5 107 04:44 PM -0.1 -3 09:54 PM 3.0 91	<b>20</b> F	03:16 AM -0.7 -21 09:43 AM 4.3 131 03:48 PM -0.6 -18 10:05 PM 4.0 122		<b>5</b> Th	02:10 AM -0.2 -6 08:35 AM 3.5 107 02:37 PM 0.0 0 08:47 PM 3.2 98	<b>20</b> F	03:08 AM -0.6 -18 09:31 AM 4.2 128 03:34 PM -0.5 -15 ● 09:53 PM 4.2 128	
<b>6</b> Tu	02:51 AM -0.3 -9 09:26 AM 3.7 113 03:38 PM -0.1 -3 09:39 PM 2.8 85	<b>21</b> W	02:38 AM -0.6 -18 09:13 AM 4.5 137 03:23 PM -0.5 -15 09:33 PM 3.5 107		<b>6</b> F	03:48 AM -0.2 -6 10:18 AM 3.5 107 04:20 PM 0.0 0 10:34 PM 3.0 91	<b>21</b> Sa	04:08 AM -0.7 -21 10:33 AM 4.1 125 04:36 PM -0.6 -18 10:57 PM 3.9 119		<b>6</b> F	02:48 AM -0.2 -6 09:13 AM 3.5 107 03:11 PM 0.0 0 09:26 PM 3.3 101	<b>21</b> Sa	04:01 AM -0.7 -21 10:21 AM 4.1 125 04:21 PM -0.6 -18 10:44 PM 4.3 131	
<b>7</b> W	03:32 AM -0.2 -6 10:06 AM 3.6 110 04:16 PM -0.1 -3 10:21 PM 2.8 85	<b>22</b> Th	03:30 AM -0.7 -21 10:03 AM 4.4 134 04:12 PM -0.5 -15 10:25 PM 3.6 110		<b>7</b> Sa	04:28 AM -0.1 -3 10:56 AM 3.3 101 04:56 PM 0.0 0 11:13 PM 3.0 91	<b>22</b> Su	05:03 AM -0.6 -18 11:22 AM 3.7 113 05:26 PM -0.5 -15 11:49 PM 3.8 116		<b>7</b> Sa	03:25 AM -0.1 -3 09:50 AM 3.4 104 03:45 PM 0.0 0 10:05 PM 3.4 104	<b>22</b> Su	04:53 AM -0.6 -18 11:11 AM 3.9 119 05:09 PM -0.5 -15 11:35 PM 4.3 131	
<b>8</b> Th	04:12 AM -0.1 -3 10:46 AM 3.5 107 04:54 PM 0.0 0 11:03 PM 2.8 85	<b>23</b> F	04:23 AM -0.6 -18 11:43 AM 4.4 134 05:02 PM -0.5 -15 11:17 PM 3.6 110		<b>8</b> Su	05:09 AM 0.0 0 11:33 AM 3.2 98 05:35 PM 0.1 3 11:54 PM 3.0 91	<b>23</b> M	05:59 AM -0.4 -12 12:12 PM 3.4 104 06:18 PM -0.4 -12		<b>8</b> Su	05:04 AM -0.1 -3 11:27 AM 3.3 101 05:21 PM 0.0 0 11:43 PM 3.4 104	<b>23</b> M	05:45 AM -0.5 -15 12:00 PM 3.6 110 05:58 PM -0.4 -12	
<b>9</b> F	04:55 AM 0.0 0 11:25 AM 3.4 104 05:34 PM 0.1 3 11:45 PM 2.8 85	<b>24</b> Sa	05:18 AM -0.5 -15 11:43 AM 3.9 119 05:53 PM -0.5 -15		<b>9</b> M	05:54 AM 0.1 3 12:12 PM 3.0 91 06:15 PM 0.1 3	<b>24</b> Tu	12:43 AM 3.6 110 06:58 AM -0.2 -6 01:05 PM 3.0 91 07:13 PM -0.2 -6		<b>9</b> M	05:44 AM 0.0 0 12:04 PM 3.2 98 05:58 PM 0.1 3	<b>24</b> Tu	12:25 AM 4.1 125 06:40 AM -0.3 -9 12:49 PM 3.3 101 06:49 PM -0.2 -6	
<b>10</b> Sa	05:39 AM 0.1 3 12:05 PM 3.2 98 06:15 PM 0.1 3	<b>25</b> Su	12:11 AM 3.5 107 06:17 AM -0.4 -12 12:34 PM 3.5 107 06:47 PM -0.4 -12		<b>10</b> Tu	12:37 AM 3.0 91 06:41 AM 0.2 6 12:54 PM 2.8 85 06:59 PM 0.2 6	<b>25</b> W	01:41 AM 3.4 104 08:00 AM 0.0 0 02:02 PM 2.7 82 ● 08:10 PM -0.1 -3		<b>10</b> Tu	12:23 AM 3.4 104 06:27 AM 0.1 3 12:43 PM 3.1 94 06:38 PM 0.1 3	<b>25</b> W	01:17 AM 3.8 116 07:36 AM -0.1 -3 01:41 PM 3.0 91 07:44 PM -0.1 -3	
<b>11</b> Su	12:29 AM 2.8 85 06:26 AM 0.2 6 12:47 PM 3.0 91 06:58 PM 0.2 6	<b>26</b> M	01:08 AM 3.4 104 07:18 AM -0.2 -6 01:29 PM 3.1 94 07:41 PM -0.3 -9		<b>11</b> W	01:25 AM 3.0 91 07:34 AM 0.3 9 01:42 PM 2.7 82 07:48 PM 0.2 6	<b>26</b> Th	02:45 AM 3.2 98 09:04 AM 0.1 3 03:05 PM 2.5 76 09:09 PM 0.0 0		<b>11</b> W	01:04 AM 3.4 104 07:14 AM 0.2 6 01:24 PM 2.9 88 07:23 PM 0.2 6	<b>26</b> Th	02:12 AM 3.5 107 08:35 AM 0.1 3 02:36 PM 2.7 82 08:41 PM 0.1 3	
<b>12</b> M	01:16 AM 2.8 85 07:16 AM 0.3 9 01:32 PM 2.8 85 07:42 PM 0.2 6	<b>27</b> Tu	02:08 AM 3.3 101 08:21 AM -0.1 -3 02:28 PM 2.8 85 ● 08:38 PM -0.2 -6		<b>12</b> Th	02:19 AM 3.1 94 08:30 AM 0.3 9 02:37 PM 2.6 79 ● 08:41 PM 0.1 3	<b>27</b> F	03:53 AM 3.1 94 10:11 AM 0.2 6 04:12 PM 2.4 73 10:10 PM 0.0 0		<b>12</b> Th	01:51 AM 3.4 104 08:06 AM 0.3 9 02:11 PM 2.8 85 08:14 PM 0.2 6	<b>27</b> F	03:11 AM 3.3 101 09:36 AM 0.2 6 03:37 PM 2.6 79 ● 09:40 PM 0.2 6	
<b>13</b> Tu	02:07 AM 2.8 85 08:10 AM 0.4 12 02:23 PM 2.7 82 ● 08:30 PM 0.2 6	<b>28</b> W	03:14 AM 3.2 98 09:27 AM 0.0 0 03:31 PM 2.6 79 09:36 PM -0.2 -6		<b>13</b> F	03:19 AM 3.2 98 09:30 AM 0.3 9 03:38 PM 2.6 79 09:38 PM 0.1 3	<b>28</b> Sa	04:58 AM 3.1 94 11:15 AM 0.2 6 05:13 PM 2.4 73 11:09 PM 0.0 0		<b>13</b> F	02:44 AM 3.4 104 09:02 AM 0.3 9 03:07 PM 2.7 82 ● 09:10 PM 0.2 6	<b>28</b> Sa	04:16 AM 3.1 94 10:38 AM 0.3 9 04:42 PM 2.5 76 10:41 PM 0.2 6	
<b>14</b> W	03:03 AM 2.9 88 09:06 AM 0.4 12 03:18 PM 2.6 79 09:20 PM 0.1 3	<b>29</b> Th	04:21 AM 3.2 98 10:35 AM 0.1 3 04:35 PM 2.5 76 10:34 PM -0.1 -3		<b>14</b> Sa	04:21 AM 3.4 104 10:32 AM 0.2 6 04:40 PM 2.7 82 10:38 PM -0.1 -3	<b>29</b> Su	03:46 AM 3.1 94 11:02 AM 0.3 9 04:10 PM 2.8 85 10:11 PM 0.1 3		<b>14</b> Sa	03:46 AM 3.4 104 10:02 AM 0.3 9 04:10 PM 2.8 85 10:11 PM 0.1 3	<b>29</b> Su	05:22 AM 3.0 91 11:37 AM 0.3 9 05:44 PM 2.6 79 11:41 PM 0.2 6	
<b>15</b> Th	04:00 AM 3.1 94 10:05 AM 0.3 9 04:15 PM 2.7 82 10:13 PM 0.1 3	<b>30</b> F	05:23 AM 3.3 101 11:40 AM 0.1 3 05:34 PM 2.5 76 11:31 PM -0.1 -3		<b>15</b> Su	05:20 AM 3.7 113 11:32 AM 0.1 3 05:38 PM 2.9 88 11:38 PM -0.2 -6	<b>30</b> M	04:50 AM 3.5 107 11:04 AM 0.2 6 05:15 PM 2.9 88 11:14 PM 0.0 0		<b>15</b> Su	04:50 AM 3.5 107 11:04 AM 0.2 6 05:15 PM 2.9 88 11:14 PM 0.0 0	<b>30</b> M	06:18 AM 3.1 94 12:29 PM 0.3 9 06:35 PM 2.8 85	
		<b>31</b> Sa	06:16 AM 3.3 101 12:35 PM 0.0 0 06:25 PM 2.5 76							<b>31</b> Tu	12:35 AM 0.2 6 07:05 AM 3.1 94 01:13 PM 0.3 9 07:19 PM 3.0 91			



Folly Creek, Metompkin Inlet, Virginia, 2015

Datum:mean lower low water (MLLW) which is the chart datum of soundings

Times and Heights of High and Low Waters

April				May				June			
Time	Height	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height
h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm
<b>1</b> W	01:23 AM 0.1 3 07:46 AM 3.2 98 01:50 PM 0.2 6 08:00 PM 3.2 98	<b>16</b> Th	01:02 AM -0.2 -6 07:23 AM 3.9 119 01:29 PM -0.3 -9 07:49 PM 4.1 125	<b>1</b> F	01:35 AM 0.2 6 07:48 AM 3.2 98 01:44 PM 0.2 6 08:08 PM 3.6 110	<b>16</b> Sa	01:46 AM -0.2 -6 07:54 AM 3.5 107 01:54 PM -0.3 -9 08:23 PM 4.4 134	<b>1</b> M	02:31 AM 0.1 3 08:36 AM 3.2 98 02:27 PM 0.0 0 09:01 PM 4.2 128	<b>16</b> Tu	03:17 AM -0.2 -6 09:15 AM 3.1 94 03:09 PM -0.3 -9 09:44 PM 4.3 131
<b>2</b> Th	02:06 AM 0.0 0 08:25 AM 3.3 101 02:26 PM 0.1 3 08:40 PM 3.4 104	<b>17</b> F	02:00 AM -0.4 -12 08:17 AM 3.9 119 02:19 PM -0.4 -12 08:42 PM 4.3 131	<b>2</b> Sa	02:18 AM 0.1 3 08:28 AM 3.3 101 02:22 PM 0.1 3 08:48 PM 3.8 116	<b>17</b> Su	02:40 AM -0.3 -9 08:46 AM 3.5 107 02:43 PM -0.4 -12 09:13 PM 4.5 137	<b>2</b> Tu	03:14 AM 0.1 3 09:20 AM 3.2 98 03:10 PM 0.0 0 09:45 PM 4.3 131	<b>17</b> W	04:03 AM -0.2 -6 10:03 AM 3.1 94 03:55 PM -0.2 -6 10:30 PM 4.2 128
<b>3</b> F	02:46 AM 0.0 0 09:04 AM 3.4 104 03:01 PM 0.1 3 09:19 PM 3.6 110	<b>18</b> Sa	02:54 AM -0.5 -15 09:08 AM 3.9 119 03:08 PM -0.5 -15 09:33 PM 4.5 137	<b>3</b> Su	02:58 AM 0.1 3 09:09 AM 3.3 101 03:01 PM 0.1 3 09:29 PM 4.0 122	<b>18</b> M	03:31 AM -0.4 -12 09:36 AM 3.4 104 03:31 PM -0.4 -12 10:03 PM 4.5 137	<b>3</b> W	03:58 AM 0.0 0 10:05 AM 3.3 101 03:54 PM 0.0 0 10:29 PM 4.4 134	<b>18</b> Th	04:47 AM -0.1 -3 10:50 AM 3.1 94 04:41 PM -0.1 -3 11:14 PM 4.0 122
<b>4</b> Sa	03:24 AM 0.0 0 09:42 AM 3.4 104 03:36 PM 0.0 0 09:58 PM 3.7 113	<b>19</b> Su	03:46 AM -0.5 -15 09:59 AM 3.8 116 03:55 PM -0.5 -15 10:23 PM 4.5 137	<b>4</b> M	03:39 AM 0.0 0 09:50 AM 3.3 101 03:39 PM 0.1 3 10:10 PM 4.1 125	<b>19</b> Tu	04:20 AM -0.3 -9 10:25 AM 3.3 101 04:18 PM -0.3 -9 10:51 PM 4.3 131	<b>4</b> Th	04:43 AM 0.0 0 10:51 AM 3.3 101 04:39 PM -0.1 -3 11:15 PM 4.4 134	<b>19</b> F	05:31 AM -0.1 -3 11:36 AM 3.0 91 05:26 PM 0.0 0 11:58 PM 3.9 119
<b>5</b> Su	04:02 AM 0.0 0 10:20 AM 3.4 104 04:11 PM 0.0 0 10:37 PM 3.8 116	<b>20</b> M	04:37 AM -0.5 -15 10:48 AM 3.6 110 04:42 PM -0.4 -12 11:13 PM 4.4 134	<b>5</b> Tu	04:19 AM 0.0 0 10:32 AM 3.3 101 04:19 PM 0.1 3 10:51 PM 4.1 125	<b>20</b> W	05:08 AM -0.2 -6 11:14 AM 3.2 98 05:05 PM -0.2 -6 11:38 PM 4.2 128	<b>5</b> F	05:29 AM 0.0 0 11:39 AM 3.3 101 05:28 PM 0.0 0	<b>20</b> Sa	06:15 AM 0.0 0 12:21 PM 3.0 91 06:13 PM 0.1 3
<b>6</b> M	04:41 AM 0.0 0 10:59 AM 3.3 101 04:48 PM 0.1 3 11:16 PM 3.8 116	<b>21</b> Tu	05:27 AM -0.4 -12 11:37 AM 3.4 104 05:31 PM -0.3 -9	<b>6</b> W	05:02 AM 0.0 0 11:14 AM 3.2 98 05:00 PM 0.1 3 11:34 PM 4.1 125	<b>21</b> Th	05:57 AM -0.1 -3 12:02 PM 3.1 94 05:53 PM 0.0 0	<b>6</b> Sa	12:02 AM 4.3 131 06:18 AM 0.0 0 12:28 PM 3.3 101 06:20 PM 0.0 0	<b>21</b> Su	12:41 AM 3.7 113 06:58 AM 0.1 3 01:06 PM 3.0 91 07:01 PM 0.2 6
<b>7</b> Tu	05:22 AM 0.0 0 11:38 AM 3.2 98 05:26 PM 0.1 3 11:56 PM 3.8 116	<b>22</b> W	12:02 AM 4.2 128 06:19 AM -0.2 -6 12:26 PM 3.2 98 06:21 PM -0.1 -3	<b>7</b> Th	05:47 AM 0.1 3 11:57 AM 3.2 98 05:45 PM 0.1 3	<b>22</b> F	12:25 AM 3.9 119 06:45 AM 0.0 0 12:49 PM 2.9 88 06:43 PM 0.1 3	<b>7</b> Su	12:51 AM 4.2 128 07:10 AM 0.0 0 01:20 PM 3.3 101 07:17 PM 0.1 3	<b>22</b> M	01:25 AM 3.4 104 07:42 AM 0.2 6 01:53 PM 2.9 88 07:51 PM 0.4 12
<b>8</b> W	06:05 AM 0.1 3 12:18 PM 3.1 94 06:08 PM 0.2 6	<b>23</b> Th	12:51 AM 3.9 119 07:12 AM 0.0 0 01:16 PM 3.0 91 07:14 PM 0.0 0	<b>8</b> F	12:19 AM 4.1 125 06:36 AM 0.1 3 12:44 PM 3.1 94 06:36 PM 0.2 6	<b>23</b> Sa	01:12 AM 3.7 113 07:35 AM 0.1 3 01:38 PM 2.8 85 07:35 PM 0.2 6	<b>8</b> M	01:43 AM 4.0 122 08:03 AM 0.0 0 02:16 PM 3.3 101 08:18 PM 0.1 3	<b>23</b> Tu	02:10 AM 3.2 98 08:27 AM 0.3 9 02:43 PM 2.9 88 08:44 PM 0.5 15
<b>9</b> Th	12:39 AM 3.8 116 06:53 AM 0.2 6 01:01 PM 3.0 91 06:56 PM 0.2 6	<b>24</b> F	01:42 AM 3.6 110 08:07 AM 0.1 3 02:08 PM 2.8 85 08:09 PM 0.2 6	<b>9</b> Sa	01:07 AM 4.0 122 08:28 AM 0.1 3 01:34 PM 3.1 94 07:31 PM 0.2 6	<b>24</b> Su	02:00 AM 3.4 104 08:24 AM 0.2 6 02:30 PM 2.8 85 08:30 PM 0.4 12	<b>9</b> Tu	02:38 AM 3.8 116 08:57 AM 0.0 0 03:17 PM 3.4 104 09:21 PM 0.1 3	<b>24</b> W	02:59 AM 3.0 91 09:11 AM 0.3 9 03:36 PM 3.0 91 09:37 PM 0.5 15
<b>10</b> F	01:26 AM 3.7 113 07:45 AM 0.2 6 01:50 PM 2.9 88 07:49 PM 0.2 6	<b>25</b> Sa	02:36 AM 3.4 104 09:02 AM 0.3 9 03:05 PM 2.7 82 09:07 PM 0.3 9	<b>10</b> Su	02:00 AM 3.9 119 08:23 AM 0.1 3 02:31 PM 3.1 94 08:32 PM 0.2 6	<b>25</b> M	02:51 AM 3.2 98 09:12 AM 0.3 9 03:25 PM 2.8 85 09:25 PM 0.4 12	<b>10</b> W	03:38 AM 3.5 107 09:52 AM -0.1 -3 04:20 PM 3.5 107 10:25 PM 0.1 3	<b>25</b> Th	03:50 AM 2.9 88 09:56 AM 0.3 9 04:30 PM 3.1 94 10:32 PM 0.5 15
<b>11</b> Sa	02:19 AM 3.7 113 08:41 AM 0.3 9 02:46 PM 2.9 88 08:48 PM 0.2 6	<b>26</b> Su	03:34 AM 3.1 94 09:57 AM 0.3 9 04:06 PM 2.7 82 10:05 PM 0.4 12	<b>11</b> M	02:58 AM 3.7 113 09:19 AM 0.1 3 03:33 PM 3.2 98 09:35 PM 0.2 6	<b>26</b> Tu	03:45 AM 3.0 91 09:59 AM 0.4 12 04:22 PM 2.9 88 10:21 PM 0.5 15	<b>11</b> Th	04:40 AM 3.4 104 10:48 AM -0.1 -3 05:22 PM 3.7 113 11:30 PM 0.1 3	<b>26</b> F	04:44 AM 2.8 85 10:43 AM 0.3 9 05:23 PM 3.3 101 11:27 PM 0.5 15
<b>12</b> Su	03:19 AM 3.6 110 09:40 AM 0.2 6 03:49 PM 3.0 91 09:51 PM 0.2 6	<b>27</b> M	04:34 AM 3.0 91 10:49 AM 0.4 12 05:06 PM 2.8 85 11:03 PM 0.4 12	<b>12</b> Tu	04:00 AM 3.6 110 10:16 AM 0.1 3 04:37 PM 3.4 104 10:40 PM 0.1 3	<b>27</b> W	04:40 AM 2.9 88 10:45 AM 0.4 12 05:16 PM 3.1 94 11:16 PM 0.5 15	<b>12</b> F	05:41 AM 3.3 101 11:43 AM -0.1 -3 06:21 PM 3.9 119	<b>27</b> Sa	05:37 AM 2.9 88 11:31 AM 0.3 9 06:13 PM 3.6 110
<b>13</b> M	04:24 AM 3.6 110 10:39 AM 0.2 6 04:55 PM 3.1 94 10:55 PM 0.1 3	<b>28</b> Tu	05:31 AM 3.0 91 11:38 AM 0.4 12 05:59 PM 2.9 88 11:59 PM 0.4 12	<b>13</b> W	05:03 AM 3.6 110 11:12 AM 0.0 0 05:40 PM 3.6 110 11:44 PM 0.0 0	<b>28</b> Th	05:32 AM 2.9 88 11:31 AM 0.3 9 06:05 PM 3.3 101	<b>13</b> Sa	12:34 AM 0.0 0 06:39 AM 3.2 98 12:38 PM -0.2 -6 07:15 PM 4.1 125	<b>28</b> Su	12:21 AM 0.4 12 06:27 AM 2.9 88 12:20 PM 0.2 6 07:01 PM 3.8 116
<b>14</b> Tu	05:28 AM 3.7 113 11:38 AM 0.0 0 05:57 PM 3.4 104	<b>29</b> W	06:21 AM 3.1 94 12:22 PM 0.3 9 06:45 PM 3.2 98	<b>14</b> Th	06:04 AM 3.6 110 12:08 PM -0.1 -3 06:37 PM 3.9 119	<b>29</b> F	12:09 AM 0.4 12 06:21 AM 3.0 91 12:16 PM 0.3 9 06:51 PM 3.5 107	<b>14</b> Su	01:33 AM -0.1 -3 07:33 AM 3.2 98 01:31 PM -0.2 -6 08:07 PM 4.2 128	<b>29</b> M	01:13 AM 0.3 9 07:16 AM 3.0 91 01:09 PM 0.1 3 07:47 PM 4.1 125
<b>15</b> W	12:00 AM -0.1 -3 06:27 AM 3.8 116 12:35 PM -0.1 -3 06:55 PM 3.8 116	<b>30</b> Th	12:49 AM 0.3 9 07:06 AM 3.1 94 01:04 PM 0.3 9 07:27 PM 3.4 104	<b>15</b> F	12:47 AM -0.1 -3 07:00 AM 3.6 110 01:02 PM -0.2 -6 07:31 PM 4.2 128	<b>30</b> Sa	12:59 AM 0.3 9 07:07 AM 3.0 91 01:01 PM 0.2 6 07:35 PM 3.8 116	<b>15</b> M	02:27 AM -0.1 -3 08:25 AM 3.1 94 02:21 PM -0.3 -9 08:56 PM 4.3 131	<b>30</b> Tu	02:02 AM 0.2 6 08:04 AM 3.1 94 01:57 PM 0.0 0 08:34 PM 4.3 131
						<b>31</b> Su	01:46 AM 0.2 6 07:52 AM 3.1 94 01:44 PM 0.1 3 08:17 PM 4.0 122				



Folly Creek, Metompkin Inlet, Virginia, 2015

Datum:mean lower low water (MLLW) which is the chart datum of soundings

Times and Heights of High and Low Waters

July				August				September			
Time	Height	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height
h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm	h m	ft cm
<b>1</b> W	02:49 AM 0.1 3 08:52 AM 3.3 101 02:45 PM -0.1 -3 09:21 PM 4.4 134	<b>16</b> Th	03:43 AM 0.0 0 09:41 AM 3.1 94 03:35 PM -0.1 -3 10:08 PM 4.0 122	<b>1</b> Sa	03:58 AM -0.2 -6 10:08 AM 3.8 116 04:04 PM -0.3 -9 10:36 PM 4.6 140	<b>16</b> Su	04:28 AM 0.1 3 10:39 AM 3.4 104 04:35 PM 0.1 3 11:01 PM 3.8 116	<b>1</b> Tu	05:07 AM -0.3 -9 11:30 AM 4.5 137 05:35 PM -0.3 -9 11:53 PM 4.2 128	<b>16</b> W	05:03 AM 0.3 9 11:28 AM 3.8 116 05:29 PM 0.3 9 11:46 PM 3.5 107
<b>2</b> Th O	03:35 AM -0.1 -3 09:40 AM 3.4 104 03:32 PM -0.2 -6 10:08 PM 4.5 137	<b>17</b> F	04:23 AM 0.0 0 10:25 AM 3.1 94 04:18 PM -0.1 -3 10:49 PM 3.9 119	<b>2</b> Su	04:45 AM -0.3 -9 10:59 AM 4.0 122 04:57 PM -0.3 -9 11:25 PM 4.5 137	<b>17</b> M	05:04 AM 0.2 6 11:20 AM 3.5 107 05:15 PM 0.2 6 11:39 PM 3.7 113	<b>2</b> W	05:56 AM -0.3 -9 12:22 PM 4.4 134 06:31 PM -0.1 -3	<b>17</b> Th	05:40 AM 0.3 9 12:08 PM 3.8 116 06:11 PM 0.4 12
<b>3</b> F	04:21 AM -0.1 -3 10:30 AM 3.5 107 04:21 PM -0.2 -6 10:56 PM 4.5 137	<b>18</b> Sa	05:02 AM 0.0 0 11:08 AM 3.2 98 05:00 PM 0.0 0 11:30 PM 3.8 116	<b>3</b> M	05:33 AM -0.3 -9 11:51 AM 4.0 122 05:51 PM -0.3 -9	<b>18</b> Tu	05:40 AM 0.2 6 12:00 PM 3.5 107 05:56 PM 0.3 9	<b>3</b> Th	12:44 AM 3.9 119 06:48 AM -0.2 -6 01:16 PM 4.3 131 07:31 PM 0.0 0	<b>18</b> F	12:25 AM 3.4 104 06:19 AM 0.4 12 12:49 PM 3.8 116 06:57 PM 0.5 15
<b>4</b> Sa	05:09 AM -0.2 -6 11:20 AM 3.5 107 05:12 PM -0.2 -6 11:44 PM 4.4 134	<b>19</b> Su	05:40 AM 0.1 3 11:50 AM 3.2 98 05:43 PM 0.1 3	<b>4</b> Tu	12:15 AM 4.3 131 06:23 AM -0.3 -9 12:44 PM 4.0 122 06:48 PM -0.1 -3	<b>19</b> W	12:18 AM 3.5 107 06:18 AM 0.3 9 12:41 PM 3.5 107 06:41 PM 0.4 12	<b>4</b> F	01:37 AM 3.5 107 07:43 AM 0.0 0 02:13 PM 4.1 125 08:34 PM 0.2 6	<b>19</b> Sa	01:06 AM 3.2 98 07:02 AM 0.5 15 12:34 PM 3.7 113 07:48 PM 0.6 18
<b>5</b> Su	05:57 AM -0.2 -6 12:11 PM 3.6 110 06:06 PM -0.1 -3	<b>20</b> M	12:10 AM 3.7 113 06:19 AM 0.2 6 12:33 PM 3.2 98 06:27 PM 0.2 6	<b>5</b> W	01:05 AM 4.0 122 07:15 AM -0.2 -6 12:38 PM 4.0 122 07:48 PM 0.0 0	<b>20</b> Th	12:57 AM 3.3 101 06:58 AM 0.4 12 01:23 PM 3.5 107 07:28 PM 0.5 15	<b>5</b> Sa	02:35 AM 3.2 98 08:41 AM 0.1 3 03:16 PM 3.9 119 09:39 PM 0.3 9	<b>20</b> Su	01:52 AM 3.1 94 07:51 AM 0.5 15 02:24 PM 3.7 113 08:43 PM 0.6 18
<b>6</b> M	12:34 AM 4.3 131 06:48 AM -0.2 -6 01:03 PM 3.6 110 07:03 PM -0.1 -3	<b>21</b> Tu	12:51 AM 3.5 107 07:00 AM 0.2 6 01:16 PM 3.2 98 07:14 PM 0.4 12	<b>6</b> Th	01:58 AM 3.6 110 08:09 AM -0.1 -3 02:37 PM 3.9 119 08:51 PM 0.1 3	<b>21</b> F	01:39 AM 3.2 98 07:41 AM 0.4 12 02:10 PM 3.5 107 08:19 PM 0.6 18	<b>6</b> Su	03:38 AM 3.0 91 09:41 AM 0.2 6 04:24 PM 3.7 113 10:45 PM 0.4 12	<b>21</b> M	02:45 AM 3.0 91 08:46 AM 0.5 15 03:22 PM 3.7 113 09:40 PM 0.6 18
<b>7</b> Tu	01:25 AM 4.0 122 07:40 AM -0.1 -3 01:59 PM 3.6 110 08:04 PM 0.0 0	<b>22</b> W	01:32 AM 3.3 101 07:41 AM 0.3 9 02:02 PM 3.2 98 08:04 PM 0.5 15	<b>7</b> F	02:56 AM 3.3 101 09:05 AM 0.0 0 03:40 PM 3.8 116 09:56 PM 0.2 6	<b>22</b> Sa	02:25 AM 3.0 91 08:28 AM 0.5 15 03:01 PM 3.5 107 09:13 PM 0.6 18	<b>7</b> M	04:46 AM 2.9 88 10:43 AM 0.3 9 05:31 PM 3.7 113 11:50 PM 0.4 12	<b>22</b> Tu	03:46 AM 3.0 91 09:45 AM 0.5 15 04:24 PM 3.8 116 10:39 PM 0.5 15
<b>8</b> W	02:19 AM 3.7 113 08:34 AM -0.1 -3 02:58 PM 3.6 110 09:07 PM 0.1 3	<b>23</b> Th	02:16 AM 3.1 94 08:25 AM 0.4 12 02:51 PM 3.2 98 08:56 PM 0.6 18	<b>8</b> Sa	03:58 AM 3.0 91 10:03 AM 0.0 0 04:46 PM 3.8 116 11:03 PM 0.3 9	<b>23</b> Su	03:18 AM 2.9 88 09:19 AM 0.5 15 03:59 PM 3.6 110 10:11 PM 0.6 18	<b>8</b> Tu	05:52 AM 2.9 88 11:44 AM 0.3 9 06:29 PM 3.7 113	<b>23</b> W	04:50 AM 3.2 98 10:46 AM 0.4 12 05:26 PM 4.0 122 11:38 PM 0.4 12
<b>9</b> Th	03:17 AM 3.4 104 09:29 AM -0.1 -3 04:01 PM 3.7 113 10:11 PM 0.2 6	<b>24</b> F	03:05 AM 2.9 88 09:10 AM 0.4 12 03:44 PM 3.3 101 09:50 PM 0.6 18	<b>9</b> Su	05:04 AM 2.9 88 11:02 AM 0.1 3 05:50 PM 3.8 116	<b>24</b> M	04:17 AM 2.9 88 10:14 AM 0.4 12 04:58 PM 3.7 113 11:09 PM 0.5 15	<b>9</b> W	12:47 AM 0.4 12 06:46 AM 3.0 91 12:41 PM 0.2 6 07:18 PM 3.7 113	<b>24</b> Th	05:51 AM 3.4 104 11:48 AM 0.2 6 06:23 PM 4.2 128
<b>10</b> F	04:19 AM 3.1 94 10:25 AM -0.1 -3 05:05 PM 3.8 116 11:17 PM 0.2 6	<b>25</b> Sa	03:58 AM 2.8 85 09:59 AM 0.4 12 04:40 PM 3.4 104 10:46 PM 0.6 18	<b>10</b> M	12:09 AM 0.3 9 06:06 AM 2.8 85 12:01 PM 0.1 3 06:48 PM 3.8 116	<b>25</b> Tu	05:17 AM 3.0 91 11:12 AM 0.3 9 05:56 PM 4.0 122	<b>10</b> Th	01:34 AM 0.3 9 07:32 AM 3.2 98 01:30 PM 0.2 6 07:59 PM 3.8 116	<b>25</b> F	12:34 AM 0.2 6 06:47 AM 3.8 116 12:48 AM 0.0 0 07:17 PM 4.4 134
<b>11</b> Sa	05:21 AM 3.0 91 11:21 AM -0.1 -3 06:06 PM 3.9 119	<b>26</b> Su	04:54 AM 2.8 85 10:50 AM 0.3 9 05:35 PM 3.6 110 11:43 PM 0.5 15	<b>11</b> Tu	01:09 AM 0.2 6 07:02 AM 2.9 88 12:57 PM 0.1 3 07:38 PM 3.9 119	<b>26</b> W	12:08 AM 0.4 12 06:15 AM 3.2 98 12:11 PM 0.2 6 06:50 PM 4.2 128	<b>11</b> F	02:13 AM 0.3 9 08:13 AM 3.3 101 02:14 PM 0.1 3 08:38 PM 3.8 116	<b>26</b> Sa	01:27 AM 0.0 0 07:41 AM 4.1 125 01:45 PM -0.2 -6 08:09 PM 4.5 137
<b>12</b> Su	12:22 AM 0.1 3 06:21 AM 2.9 88 12:18 PM -0.1 -3 07:01 PM 4.0 122	<b>27</b> M	05:50 AM 2.9 88 11:43 AM 0.2 6 06:28 PM 3.9 119	<b>12</b> W	01:59 AM 0.2 6 07:51 AM 3.0 91 01:48 PM 0.0 0 08:22 PM 3.9 119	<b>27</b> Th	01:03 AM 0.2 6 07:10 AM 3.5 107 01:08 PM 0.0 0 07:43 PM 4.5 137	<b>12</b> Sa	02:47 AM 0.2 6 08:53 AM 3.5 107 02:54 PM 0.1 3 09:15 PM 3.8 116	<b>27</b> Su	02:17 AM -0.2 -6 08:33 AM 4.4 134 02:40 PM -0.3 -9 09:00 PM 4.5 137
<b>13</b> M	01:22 AM 0.1 3 07:16 AM 2.9 88 01:13 PM -0.1 -3 07:52 PM 4.0 122	<b>28</b> Tu	12:39 AM 0.4 12 06:43 AM 3.1 94 12:37 PM 0.1 3 07:18 PM 4.1 125	<b>13</b> Th	02:41 AM 0.1 3 08:35 AM 3.1 94 02:33 PM 0.0 0 09:04 PM 3.9 119	<b>28</b> F	01:55 AM 0.0 0 08:03 AM 3.8 116 02:03 PM -0.2 -6 08:33 PM 4.6 140	<b>13</b> Su	03:20 AM 0.2 6 09:31 AM 3.6 110 03:32 PM 0.1 3 09:53 PM 3.8 116	<b>28</b> M	03:05 AM -0.3 -9 09:25 AM 4.7 143 03:33 PM -0.4 -12 09:31 PM 4.4 134
<b>14</b> Tu	02:15 AM 0.0 0 08:07 AM 3.0 91 02:04 PM -0.1 -3 08:40 PM 4.1 125	<b>29</b> W	01:32 AM 0.2 6 07:35 AM 3.3 101 01:31 PM 0.0 0 08:08 PM 4.4 134	<b>14</b> F	03:18 AM 0.1 3 09:18 AM 3.2 98 03:15 PM 0.0 0 09:43 PM 3.9 119	<b>29</b> Sa	02:44 AM -0.1 -3 08:55 AM 4.1 125 02:56 PM -0.3 -9 09:24 PM 4.7 143	<b>14</b> M	03:53 AM 0.2 6 10:10 AM 3.8 116 04:10 PM 0.2 6 10:31 PM 3.8 116	<b>29</b> Tu	03:52 AM -0.4 -12 10:17 AM 4.8 146 04:25 PM -0.4 -12 10:41 PM 4.3 131
<b>15</b> W	03:01 AM 0.0 0 08:55 AM 3.0 91 02:51 PM -0.1 -3 09:25 PM 4.1 125	<b>30</b> Th	02:22 AM 0.1 3 08:26 AM 3.5 107 02:23 PM -0.2 -6 08:57 PM 4.6 140	<b>15</b> Sa	03:54 AM 0.1 3 09:59 AM 3.3 101 03:55 PM 0.0 0 10:22 PM 3.9 119	<b>30</b> Su	03:32 AM -0.3 -9 09:46 AM 4.3 131 03:48 PM -0.4 -12 10:14 PM 4.6 140	<b>15</b> Tu	04:28 AM 0.2 6 10:49 AM 3.8 116 04:49 PM 0.2 6 11:08 PM 3.7 113	<b>30</b> W	04:40 AM -0.4 -12 11:08 AM 4.8 146 05:19 PM -0.3 -9 11:32 PM 4.0 122
		<b>31</b> F O	03:11 AM -0.1 -3 09:17 AM 3.7 113 03:13 PM -0.3 -9 09:46 PM 4.7 143			<b>31</b> M	04:19 AM -0.3 -9 10:38 AM 4.4 134 04:41 PM -0.4 -12 11:04 PM 4.5 137				

